



HADSA

Hawkeye Area Down Syndrome Association

www.HADSA.org

October 2008



Happy Birthday!!!

October-

Isaac Ihnen-2nd

April Dickson- 10th

Sara Wilharm- 13th

Shelby Kurth- 18th

Gia Pasley- 25th



Mark Your Calendars!

October 21: To thank you for the success of the Buddy Walk, please join us at Pump It Up in Cedar Rapids. From 5-8 pm your children can have tons of fun for FREE! See

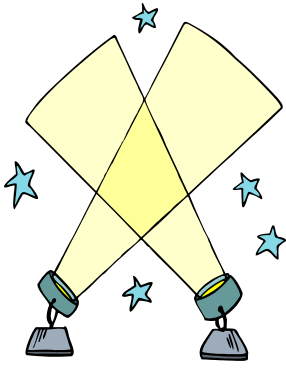
<http://www.pumpitupparty.com/ia/cedar-rapids/home-p1q159.htm> for more info, including a map. HADSA will also be providing free pizza! Please RSVP by October 5th with how many people will be coming so we know about how many pizzas to order!

October 26th: "Score for the Community" night at the Cedar Rapids Roughriders! In this event, sponsors pay for tickets for non-profit community groups such as ours! Come see the Cedar Rapids Roughriders (for those of you who don't know, they play hockey) against Green Bay. Game starts at 5:05 pm. I need an RSVP by October 5th to secure tickets. RSVP with the number of tickets needed! For those of you who haven't attended a hockey game, you can expect a very loud sports event. If your child is sensitive to noise, like our Nathan, you may wish to bring ear plugs for them or noise-cancelling headphones... FYI: their website is <http://www.roughridershockey.com/>.

-HADSA Board Members-

- Michelle McCarthy-President
- Dave Pasley-Past President
- Cynthia Anderson-Vice President
- Sue Schlarman
- Troy McCarthy-Secretary/Treasurer
- Amy Flege

Where Strangers Meet Friends and Friends Find Family.



“In the Spotlight” Nathan McCarthy

Nathan was born along with his twin, Gabe, on March 12, 1999. Hobbies include: swimming, bowling, playing the computer, playing the Wii, playing his Nintendo DS, wrestling with his brothers, reading books, and riding his bike outside. He is currently in third grade and is with his peers most of the day. When given the choice of what to eat, he will respond, "McDonalds!"



****Reminders****

*** November meeting
November 2nd
3:00pm
North Liberty
Rec. Center**

Estate Planning

The HADSA meeting will be on November 2nd at 3:00 at the North Liberty Recreation Center. The speaker is lawyer Greg Kenyon and he will be talking about estate planning for children with special needs. There are many important things to know when planning for your child's future and you won't want to miss this one!! Remember there will be childcare available if you RSVP to Michelle at mmccarthy@hadsa.org.

Buddy Walk Success!!

The 3rd Annual Buddy walk was held on October 4, 2008. Over **600** people came out to provide support for individuals with Down syndrome! This year, we provided activities for the children including bouncy castles, face painting, tattoos, clowns and balloon animals. The silent auction had items totaling almost \$7,000 and the raffle items totaling over \$1500! At this point, we are over our goal of \$15,000! We will have a better idea of our totals in a few weeks, so stay tuned!

Fun Fall Activities!

- * Carve/paint Pumpkins
- * Make your own Halloween Costumes-great fine motor skills!
- Take a trip to the Pumpkin Patch- great exercise!

